



10 Things You Can Do

No matter who you are, you can do **something**.
Together, we can make a difference.

1 Educate Yourself

- Visit the Human Trafficking Resources website:
www.nfnresources.yolasite.com
- Watch the recommended movies & video clips
- Read the recommended books and press releases
- Check out learning opportunities and attend the Traffick Wise Seminar
- Visit www.nationalfreedomnetwork.co.za

2 Collection Drives

Safe houses in South Africa need a lot of support.

- Collect practical items, like clothes (incl. shoes, socks & underwear), non-perishable foods, arts & crafts goodies, toiletries etc.
- Ask us for a list of specific items needed for safe houses in your province

3 Host an Event

- Throw a party with a purpose or organize an event
- Create awareness - ask friends to bring a gift, like toiletries, to your birthday party and then donate them to a safe house
- Organise a big event - invite a speaker and raise funds for an NFN project. Obtain sponsors who will not charge for a venue, decor, food etc.

4 Create Awareness

Go as big or small as you want to!

- Use social media, your company website, blog spot or local newspapers and magazines
- Write an article, poem or song, paint a picture and share how stories have impacted you
- Tell your friends & family about what you have learned
- Use your skills, talents, areas of expertise and interests
- Ask us about previous successful events

5 Financial Support

The people on the ground need financial support.

- Invest with a one-time contribution or monthly sponsorship
- Sponsor an outreach or provide funds for care packages and items like Bibles & books to encourage men and women

For monetary donations please use these banking details:

National Freedom Network

First National Bank

Greenstone Branch

Branch Code: 201510

Account Nr: 62531299726



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6 Join an Outreach Team

Those in the sex industry are some of the most vulnerable and “at-risk” of society. They need to know God’s love and the truth of the Father’s heart for them.

- Outreach teams require training and have an application process.
- Contact us to find out if a local team operates in your area

7 Pray

- Join the NFN prayer team, another prayer team in your area or start your own one
- If you’re based in Gauteng, attend the quarterly “Priceless Prayers” meeting specifically for our province
- Ongoing prayer requests:
 - Rescue of those in modern day slavery
 - Growth and healing for those who have been rescued or escaped
 - Spiritual wellbeing, protection and wisdom for staff and volunteers working against human trafficking daily
 - For ordinary people to be stirred to extraordinary action
- ❖ Priceless Prayer meeting details can be found on the Events page at www.nationalfreedomnetwork.co.za

8 Volunteer

- Offer pro bono services to Network Partners fighting human trafficking and working with the rescued
- Consider your time and available skills
- Contact marina@nfn.org.za for ideas

9 Be a Conscious Consumer

- Look at the supply chains of the stores you buy from
- Know which industries are heavily affected by forced labour
- Seek fair trade products and brands that guarantee no slave labour in the production of their goods.

10 Stay Alert

Several victims in SA have been rescued because community members were vigilant and reported their suspicions.

- If you see something suspicious, be sure to speak up by informing your local law enforcement or National
- Helpline - 08000 RESCU (73728) OR 0800 555 999

Contact marina@nfn.org.za for more information



Who are You and What Can You Do?

I am a Business Person and/or Own a Company

- Offer internships or job skills training for survivors or those at risk of being trafficked
- Employ trafficking survivors where feasible
- Dedicate a week to awareness for employees and provide facts for them and their families
- Financially contribute towards an awareness project
- Raise awareness in your company around unfair labour practices and slavery. Support and promote fair trade

I am an Attorney

- Know the signs/red flags of human trafficking among your clients
- Learn about the legal benefits for which human trafficking victims are eligible and offer them to clients
- Assist anti-trafficking NGOs with capacity building and legal work

I am a Mental Health/Medical Healthcare Provider

- Offer low-cost or free services to human trafficking victims
- Train your staff on how to identify the indicators of human trafficking
- Know the signs/red flags

I am a Professor

- Request that human trafficking be an issue included in university curriculum
- Publish an article
- Teach a class on human trafficking from your angle of expertise and how it could affect your field of study

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I am a Teacher

- Invite a speaker for assembly
- Encourage awareness information for Life Orientation lessons
- Make your class aware of the red flags/dangers of human trafficking
- Create an ongoing awareness campaign at the school
- Have an open door for your students

I am a Student

- Join or establish a university or secondary school awareness club
- Initiate action through your local community
- Consider a research topic on human trafficking
- Share human trafficking cases in various student body meetings
- Advertise in the student magazine
- Announce and share the work on your campus radio
- Share on social media

I am a Housewife

- Consider the time you have available
- Use your skills and abilities, e.g. if you love entertaining, host a tea or function and invite someone to do an awareness talk - or do it yourself!
- Collect gifts, like toiletries, from your friends for the safe houses
- Be creative in letter writing and donating time, resources and finances
- Visit our website for more options from our partners to find your niche

For more info or to share your ideas for guidance and advice, please contact us at marina@nfn.org.za